Alice and Lee - Notes

* Meaning:
* Example:

（还差最初账号的课程以及engoo文章的单词）

# **February 2th, 2024**

I’ve been writing my thesis today.

I haven’t prepared an article.

To check if my thesis is passable / adequate.

Today i have been writing chapter 3 which is a core part of the whole thesis.

Last week the lab was closed , so i couldn’t do any experiments with the quadruped robot.

I will need to make up for the missing data in the future.

I am writing the framework.

I can only make it stand up and swing one of its legs.

I would incorporate formulas and argument that i have already completed into my thesis.

## Slip my mind

Meaning:

to be [forgotten](https://dictionary.cambridge.org/dictionary/english/forget" \o "forgotten)

Example:

the time of the class slipped my mind，I thought the class was in two hours' time.  
我把课的时间忘了，我以为课还有两个小时才开始。

I [forgot](https://dictionary.cambridge.org/dictionary/english/forget" \o "forgot) I'd [arranged](https://dictionary.cambridge.org/dictionary/english/arrange" \o "arranged) to [meet](https://dictionary.cambridge.org/dictionary/english/meet" \o "meet) Richard last [night](https://dictionary.cambridge.org/dictionary/english/night" \o "night) - it [completely](https://dictionary.cambridge.org/dictionary/english/completely" \o "completely) [slipped](https://dictionary.cambridge.org/dictionary/english/slipped" \o "slipped) my [mind](https://dictionary.cambridge.org/dictionary/english/mind" \o "mind).

## Terrible with

Meaning：

Example：

1. i’m terrible with numbers.-->I am really not good at numbers
2. I'm terrible at (an activity)

if i just stay somewhere for a short time

despite being at uni for several months

I still can't remember how to get anywhere

i am terrible with directions

## To take the weight off my shoulders

Meaning:  
example:

1. what a relief - it's a weight off my shoulders太令人宽慰了 - 这真是让我感到轻松了。

2、it's taken a weight off my shoulders after working hard for a long time / after being really busy for a long time

I ask someone for help, it’s taken a weight off.

## Seem to be

Meaning:

Appears like / the impression given

Example:

It seems to be raining

It seems like it’s going to rain.

1、She seems to be happy, judging by her smile and cheerful demeanor.

2、The project deadline seems to be approaching rapidly, and we need to ensure that everything is on track.

3、Despite his confident exterior, he seems to be struggling internally with the pressure of the upcoming exam.

# **January 30th, 2024**

To go and get my haircut.

after spending an hour on the subway.

## Barber’s / hairdresser’s

Meaning:

a [person](https://dictionary.cambridge.org/dictionary/english/person" \o "person) who [cuts](https://dictionary.cambridge.org/dictionary/english/cut" \o "cuts) people's [hair](https://dictionary.cambridge.org/dictionary/english/hair" \o "hair) and puts it into a [style](https://dictionary.cambridge.org/dictionary/english/style" \o "style), usually [working](https://dictionary.cambridge.org/dictionary/english/working" \o "working) in a [special](https://dictionary.cambridge.org/dictionary/english/special" \o "special) [shop](https://dictionary.cambridge.org/dictionary/english/shop" \o "shop), called a hairdresser's

Example:

1、I'm going to [change](https://dictionary.cambridge.org/dictionary/english/change" \o "change) my hairdresser.

2、I've got a four o'clock [appointment](https://dictionary.cambridge.org/dictionary/english/appointment" \o "appointment) at the hairdresser's.

So i came back

Went out together.

[engoo.com/app/daily-news/article/more-siblings-means-worse-mental-health-says-study/bn\_GfLYyEe6JQYcL-KXirQ](https://engoo.com/app/daily-news/article/more-siblings-means-worse-mental-health-says-study/bn_GfLYyEe6JQYcL-KXirQ" \t "https://www.cambly.com/en/student/_blank)

## Bossy

Meaning:

A bossy person is always telling people what to do

Example:

Henry, who is extremely bossy, wants to be in charge.亨利非常专横，想要掌控一切。

## Realize

Meaning:

To understand a fact or situation, sometimes suddenly

Example:

He panicked when he realized he was going to miss his deadline.

Resource

Meaning：

an amount or supply of materials, staff, etc. that a person or organization has and can use

Example：

**Doctors without borders** provides medical resources in crisis areas.

It makes sense that if a child can get all the pie...

Share the pie.

A slice of the pie一块馅饼

You might get more or less of the pie than me.

你可能比我得到更多或更少的馅饼

that could affect how a child thinks and feels

she's two years younger than me

when they were children they were always fighting and arguing.

when they live together together they might spend less time socializing.

I am not sure if there are correlation between having siblings or not and divorce rates.  
我不确定是否有兄弟姐妹与离婚率之间是否存在相关性。

## Escalate

Meaning:

to [become](https://dictionary.cambridge.org/dictionary/english/become" \o "become) or make something [become](https://dictionary.cambridge.org/dictionary/english/become" \o "become) [greater](https://dictionary.cambridge.org/dictionary/english/great" \o "greater) or more [serious](https://dictionary.cambridge.org/dictionary/english/serious" \o "serious)

Example:

1. His [financial](https://dictionary.cambridge.org/dictionary/english/finance" \o "financial) [problems](https://dictionary.cambridge.org/dictionary/english/problem" \o "problems) escalated after he [became](https://dictionary.cambridge.org/dictionary/english/became" \o "became) [unemployed](https://dictionary.cambridge.org/dictionary/english/unemployed" \o "unemployed).
2. The escalating [rate](https://dictionary.cambridge.org/dictionary/english/rate" \o "rate) of [inflation](https://dictionary.cambridge.org/dictionary/english/inflation" \o "inflation) will [almost](https://dictionary.cambridge.org/dictionary/english/almost" \o "almost) [certainly](https://dictionary.cambridge.org/dictionary/english/certainly" \o "certainly) [bring](https://dictionary.cambridge.org/dictionary/english/bring" \o "bring) escalating [prices](https://dictionary.cambridge.org/dictionary/english/price" \o "prices).

to get increasingly worse

parents easily misunderstand their children's behaviour

why do they kick

would tell their children to stop doing that

# **January 26th, 2024**

**we started our winter holiday today.**

**They have gone back home.**

**In three days time.**

**How long do you get for your winter holiday.你寒假多久？**

**we were supposed to start the holiday on jan 13th**

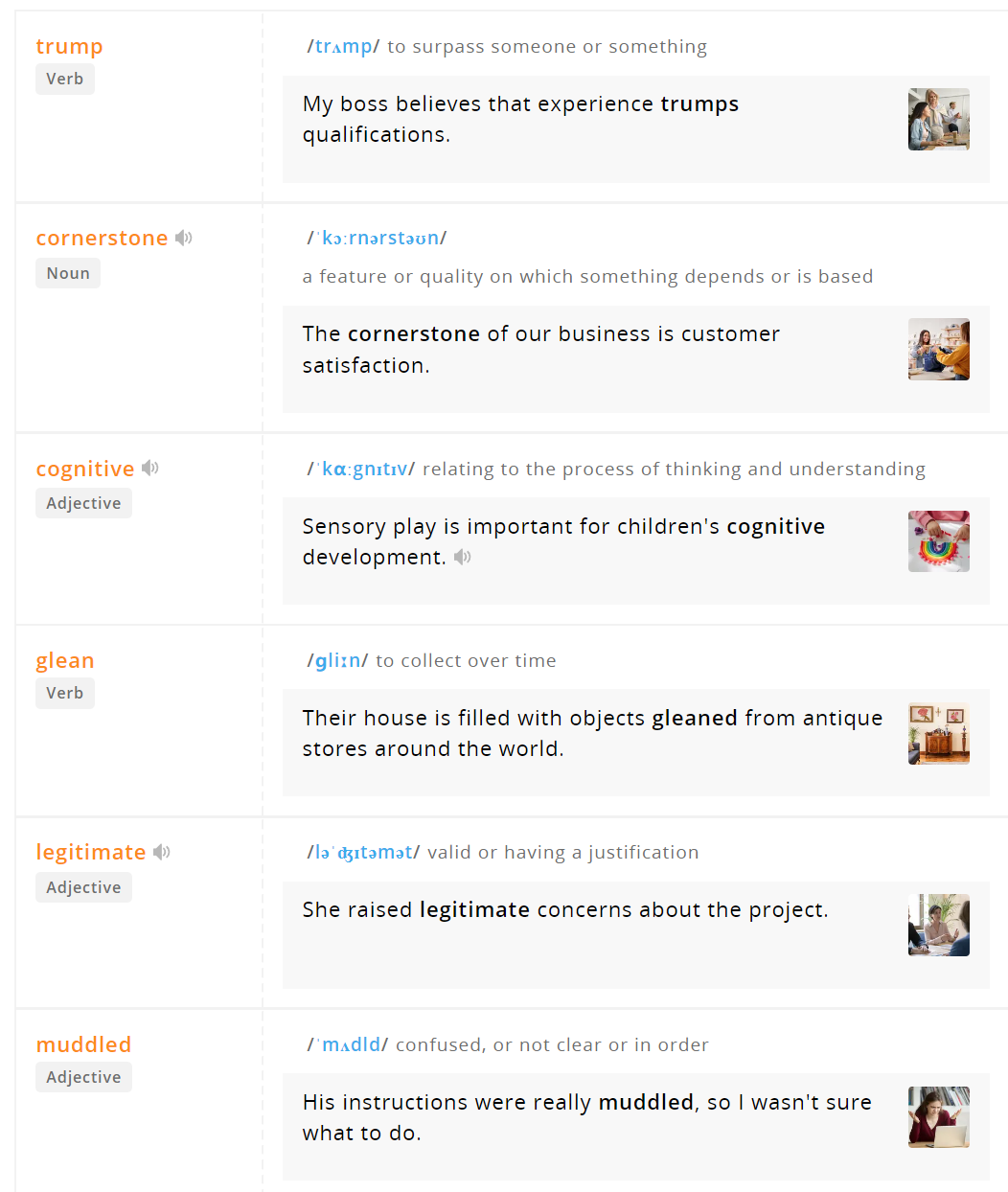
**I stayed at the lab.**

**so far this month i haven't done anything on my thesis**

**I have just been doing experiments.**

**I need more data.**

**<https://engoo.com/app/daily-news/article/wisdom-doesnt-come-with-age-science-says/EFYd0K7fEe6CXNMxVlP6cQ>**

****

**The article gives a clear definition of wisdom.**

**the article doesn't give a clear definition of wisdom**

**I can define it by how a person solves a problem or difficult situation that they face.**

**A person might grow older but they might not grow wiser. / they might not learn new things.**

**The only thing that increases is their age.**

**Even though you have aged / grown older.. when you meet the same problem you still don’t know how to deal with it effectively.**

**The older the wiser.**

**It is refreshing to see something like this.**

Relieve your thirst **"Relieve your thirst" means to quench or satisfy your thirst by drinking something.**

**Example: After a long hike, I stopped by a stream to relieve my thirst by drinking fresh, cold water.**

**the older you get the wiser you are**

**elderly people have a lot of experience**

**there are some limitations**

**you need to be able to do something with the experience to turn it into wisdom.**

**there are other factors involved**

# **January 12th, 2024**

**Muted-switched off the microphone**

**Turn it on again.**

## To tuck in

**i have heard there is a famous dish from a nearby restaurant so this week i plan to invite my friends to go there to try it. I am looking forward to tucking into it!**

**i haven't been back home for a long time and whenever I go back home my mum always prepares a delicious meal for me and i can never wait to get tucked into it**

**A hearty meal丰盛的一餐**

# **December 29th, 2023**

**I will wait here for you**

**it says you have been disconnected**

## Rip off

**Meaning:**

**to steal someone's ideas, designs, etc. and present them as one's own**

**Example:**

**1、This song was ripped off from an old hit.**

**2、Some scenes in this movie were ripped off from an old Italian movie.**

## plagiarism

**Meaning:**

**the [process](https://dictionary.cambridge.org/dictionary/english/process" \o "process) or [practice](https://dictionary.cambridge.org/dictionary/english/practice" \o "practice) of using another person's [ideas](https://dictionary.cambridge.org/dictionary/english/idea" \o "ideas) or [work](https://dictionary.cambridge.org/dictionary/english/work" \o "work) and [pretending](https://dictionary.cambridge.org/dictionary/english/pretend" \o "pretending) that it is [your](https://dictionary.cambridge.org/dictionary/english/your" \o "your) own.**

**Example:**

**1、She's been [accused](https://dictionary.cambridge.org/dictionary/english/accused" \o "accused) of plagiarism.**

**2、The [techniques](https://dictionary.cambridge.org/dictionary/english/technique" \o "techniques) for [detecting](https://dictionary.cambridge.org/dictionary/english/detect" \o "detecting) plagiarism are [becoming](https://dictionary.cambridge.org/dictionary/english/becoming" \o "becoming) [increasingly](https://dictionary.cambridge.org/dictionary/english/increase" \o "increasingly) [advanced](https://dictionary.cambridge.org/dictionary/english/advanced" \o "advanced).**

**Wear out**

**Meaning:**

**To make someone very tired**

**Example:**

1. **all this studying is wearing me out.**
2. **Writing thesis is wearing me out.**
3. **I'm completely worn out from cleaning the house all day.**
4. **I'm completely worn out from my busy work day忙碌的工作让我彻底疲惫不堪**
5. **your clothes get worn out over time**
6. **my book is worn out from being read so many time**

## Pull out

**Meaning:**

**to withdraw; to stop being involved in an activity, event, agreement, etc.**

**Example:**

**1、The investor has to pull out of the business.投资者必须退出该业务。**

**2、At the last moment, he decided to pull out of the deal.**

**The business lost him money so he has decided to get out of it.这家公司让他赔了钱，所以他决定退出**

**To give up halfway半途而废**

## Turn out

**Meaning：**

**to develop or end in a particular way; to prove to be the case**

**Example:**

1. **The task turned out to be beyond his abilities.**
2. **It turns out they've known each other for a few years.原来他们已经认识好几年了**

**the results turned out as expected /the results didn't turn out as expected结果如预期/结果没有如预期**

**the result proves/backs up the claim that...**

## End up

Example:

1. so we ended up staying home instead

we were supposed to go out last night but as it turned out we didn't feel like it so...

## Catching

running is really catching on in my family at the moment跑步现在在我家里很流行

Catch on

Meaning:

to become popular

Example:

1. This song is so good, and it’s catching on.
2. Their latest product is finally starting to catch on.

# **December 8th, 2023**

**[dave-bailey.com/blog/nonviolent-communication](https://www.dave-bailey.com/blog/nonviolent-communication" \t "https://www.cambly.com/en/student/_blank)**

when we hear an evaluation we easily reject it.

we don't want to hear it.

we can become **defensive**.我们可以变得防御性。

when we express our observations to others, **it seems easier for others to see** what they have done。

to have understand what they have done.

sometimes i send messages with emojis... and that can help to clarify what i am feeling in the moment.

when i saw this long article, I felt it was too long because i am need to analyse it bit by bit.

Would you be able to help me break it down bit by bit.

maybe we can discuss parts of the article that interest us.

**i feel worried about not being able to understand it all in one go**.我担心无法一口气全部理解。

after reading an article on Engoo, I sometimes don't understand what the article is trying to say so i 'd like to read a bit **at a time** and then discuss it.读完一篇关于 Engoo 的文章后，我有时不明白这篇文章想说什么，所以我想一次读一点，然后讨论它.

to process what i have read

After having dinner there are a lot of dishes to clean and it makes me feel tired.

because i need a rest after working. So would you be able to c**lean the dishes/ do the dishes**/?

You assume they understand / know?

Growing up.

# **December 1st, 2023**

[dave-bailey.com/blog/nonviolent-communication](https://www.dave-bailey.com/blog/nonviolent-communication" \t "https://www.cambly.com/en/student/_blank)

we had better just describe what we see

it can help others more easily accept what we say

we can request what we need from that person.我们可以向那个人提出我们需要的东西

we are dangerous in this situation if we say something without thinking.

our words might hurt others.

our words might have the opposite effect/impact of what we intended.我们的言语可能会产生与我们的意图相反的效果/影响。

confrontational conversations

setting your own boundaries...

Stand up for ourselves.

express our position on the matter.表示我们对此事的立场。

i sent her a message/I texted her.

she told me that my message made her feel afraid.

it's usually used in a negative situation.

for me it's a normal thing to say.she asked me not to say that as it **stresses her out.**

**that maybe others don't care about but you care about a lot.**

**it will fester inside of you.这种感觉会在你心里滋生。**

## Fester

* Meaning:

**If an [argument](https://dictionary.cambridge.org/us/dictionary/english/argument" \o "argument) or [bad](https://dictionary.cambridge.org/us/dictionary/english/bad" \o "bad) [feeling](https://dictionary.cambridge.org/us/dictionary/english/feeling" \o "feeling) festers, it [continues](https://dictionary.cambridge.org/us/dictionary/english/continue" \o "continues) so that [feelings](https://dictionary.cambridge.org/us/dictionary/english/feeling" \o "feelings) of [hate](https://dictionary.cambridge.org/us/dictionary/english/hate" \o "hate) or [lack](https://dictionary.cambridge.org/us/dictionary/english/lack" \o "lack) of [satisfaction](https://dictionary.cambridge.org/us/dictionary/english/satisfaction" \o "satisfaction) [increase](https://dictionary.cambridge.org/us/dictionary/english/increase" \o "increase)**

* Example:

It was [better](https://dictionary.cambridge.org/us/dictionary/english/better" \o "better) that she [expressed](https://dictionary.cambridge.org/us/dictionary/english/express" \o "expressed) her [anger](https://dictionary.cambridge.org/us/dictionary/english/anger" \o "anger)**[rather](https://dictionary.cambridge.org/us/dictionary/english/rather" \o "rather) than** [let](https://dictionary.cambridge.org/us/dictionary/english/let" \o "let) it fester inside her.

he regrets not having done that sooner.他后悔没有早点这么做。

if you are just focused on the feelings of the customers。

# **November 28th, 2023**

the writer lives in their own world

i previously downloaded...

that those books could **benefit** my mind.

i only read two books out of thirty that i had downloaded.我下载的30本书中我只读了两本。

the reason why I chose...

i had already downloaded the book.

i read it last week and made some notes.

i looked for some articles on the topic.我查找了一些有关该主题的文章。

I digress.我离题了。

Some movies or series are adaptations of books.一些电影或电视剧是根据书籍改编的。

why i didn't use to read.

it depends on what kinds of books you are reading.

Light reading 闲书

i could easily write about it

You have been cut off but I will wait encase you return.

**more things on which to spend their time doing.**

different ways of receiving info.

# November 24th, 2023

## Sacrifice

* Meaning:

to give something up for the sake of something that is considered more valuable or important

* Example:

We had to sacrifice our belongings to keep the boat from sinking.

She would sacrifice everything for her children.

## Comprehensive

* Meaning:   
  including all or everything
* Example:

Swimming is a comprehensive exercise; it uses every muscle in the body.

"The comprehensive report covered every aspect of the company's performance."

"She received comprehensive training that prepared her for various scenarios in her job."

"The textbook provides a comprehensive overview of the subject matter."

## Bicker

* Meaning:   
  to argue about unimportant things in an annoying way
* Example:

My parents are always bickering about the smallest things.

"The siblings spent the entire car ride bickering over who should sit where."

"They always seem to bicker about the smallest things, like what to have for dinner."

"Instead of discussing the issue calmly, they **resorted to** bickering, which didn't solve anything."

## Resort to诉诸于

* Meaning:

"Resort to" means to use or turn to something as a solution or course of action, often as a last option when other methods have failed or seem unavailable.

* Example:

"When negotiations failed, they had to resort to legal action to resolve the dispute."

"She didn't want to resort to borrowing money, but it seemed like the only solution at the time."

"We should try to resolve this issue through discussion before resorting to extreme measures."

Maybe i should watch it

[engoo.com/app/daily-news/article/strong-relationships-equal-health-happiness/4EsxSBDJEeizpmMjv0zI8w](https://engoo.com/app/daily-news/article/strong-relationships-equal-health-happiness/4EsxSBDJEeizpmMjv0zI8w" \t "https://www.cambly.com/en/student/_blank)

breaking someone’s heart

we have relationships with our family and friends and coworkers etc

if we have healthy and happy relationships with them...

we can find someone to depend on...

who we can trust /put our trust in

my culture places...

People often define success in terms of having a good job.人们通常用拥有一份好工作来定义成功。

People often define success as having a good job and making a lot of money.

I agree to an extent.我在一定程度上同意。

## to an extent

* Meaning:

"To an extent" suggests a partial or limited agreement or acknowledgment of something. It means that something is true or valid only within certain boundaries or to a certain degree.

* Example:

"She enjoyed the movie, to an extent, but found some parts of it disappointing."

"To an extent, his argument about the project's success makes sense, but there are other factors to consider."

"I agree with her opinion to an extent, but I have some reservations about her conclusions."

我在一定程度上同意她的观点，但对她的结论有些保留。

they are basic necessities in our lives

i haven't started working and making money yet

meet your basic needs and live a comfortable life

an important factor/component

first of all...

those people who are in that position **are in the minority.**

## be in the minority

* Meaning:

"To be in the minority" means to be in the smaller or lesser part of a group or population. It refers to a situation where a person or a group holds a viewpoint, belief, or position that is held by fewer individuals compared to others who hold a different perspective.

* Example:

"In the discussion, she realized she was in the minority with her opinion on the topic."

"Most people prefer tea over coffee, but I am in the minority—I prefer coffee."

"He found himself in the minority when it came to supporting the new policy among his colleagues."

## to be taken for granted

* Meaning:

"To be taken for granted" means to be underappreciated or not fully recognized for one's worth, contributions, or presence. It implies that someone or something is not given the attention, gratitude, or acknowledgment that they deserve.

* Example:

"She felt unappreciated at work, as her efforts were often taken for granted."

"Being taken for granted in a relationship can lead to feelings of resentment."

"He had been helping his friends for years, but he felt like his kindness was taken for granted."

# November 17th, 2023

[engoo.com/app/daily-news/article/nepal-bans-tiktok-and-says-it-disrupts-social-harmony/WsNHLILnEe69Ol\_yNRma5g](https://engoo.com/app/daily-news/article/nepal-bans-tiktok-and-says-it-disrupts-social-harmony/WsNHLILnEe69Ol_yNRma5g" \t "https://www.cambly.com/en/student/_blank)

Conducive(be conducive to有利于)

* Meaning:

"Conducive" means favorable or contributing to a particular result or outcome. It refers to conditions or factors that promote or facilitate the achievement of something.

* Example:

"A quiet environment is conducive to studying."

"Good communication is conducive to a healthy relationship."

"The team believes that a positive work environment is conducive to productivity."

there is another app that was created by bytedance in China

of other countries might spread propaganda

if you want to be free you have to **obey the rules**...

freedom always has a price.

Self-discipline is freedom

Just from a personal perspective

through social media we can get many different perspectives and opinions...

Incite

To take action

instability

# November 14th, 2023

I confessed to a girl that I liked her offline.

i didn't think it was sincere

even though i had prepared something to say

## my mind went blank大脑一片空白

* Meaning:

"My mind went blank" means that one suddenly couldn't think clearly or couldn't remember something that they usually would have known. It refers to a moment when someone is unable to recall information or unable to think of what to say or do.

* Example:

"During the exam, my mind went blank, and I couldn't remember the answers I had studied."

"When I was asked a question unexpectedly, my mind went blank, and I couldn't think of a response."

"In the middle of my presentation, my mind went blank, and I forgot what I was going to say next."

did you manage to **get across to her** what you wanted to say?

## get across to her

* Meaning:

"To get across to her" means to successfully communicate with someone in a way that ensures they understand or comprehend a message, idea, or feeling being conveyed.

* Example:

"I've tried various ways to get across to her the importance of time management, but she doesn't seem to grasp it."

"I hope I can get across to her how much this opportunity means to me."

"He struggled to get across to her the complexity of the situation."

But not completely

teachers often have throat problems

shrimp虾

but they discovered **that wasn't the case** after filming the echidna...

## that wasn't the case 并非如此

* Meaning:

"That wasn't the case" is an expression used to indicate that something being discussed or assumed is not true or was not the actual situation.

* Example:

"He thought I was upset, but that wasn't the case at all."

"She believed the store was open late, but that wasn't the case; it closed early on weekends."

"They assumed I had finished the project, but that wasn't the case—I still had a lot of work left to do."

# November 3th, 2023

hot water bottle

[engoo.com/app/daily-news/article/detective-work-required-the-problem-of-fake-quotes/Ug5sFGEZEe6se4ciW0Z3kw](https://engoo.com/app/daily-news/article/detective-work-required-the-problem-of-fake-quotes/Ug5sFGEZEe6se4ciW0Z3kw" \t "https://www.cambly.com/en/student/_blank)



Not Knowingly

* Meaning: 表示某人或某事没有故意或有意识地做某事。这个短语强调了缺乏意识或知觉。
* Example:

"He took the money, not knowingly realizing it belonged to someone else."

"She made the mistake not knowingly; she wasn't aware of the rules."

"The company used the material, not knowingly aware of its potential risks."

if i get information from the internet

that is important or that might impact me deeply then I fact-check it to verify that it's true

mummy/mummies木乃伊

mummify their dead将死者做成木乃伊

## Pyramid

* Meaning:

1、"Pyramid" usually refers to a structure with a square or triangular base and sloping sides that meet at a point on the top. It's a geometric shape often associated with ancient civilizations, like the Egyptian pyramids.

2、"Pyramid" can also refer to a hierarchical structure or arrangement, where levels are organized in a way that the top level is the smallest and highest, representing the fewest in number or the most powerful, while the lower levels are larger and broader, representing the majority or less powerful.

* Example:

the technology wasn't enough to enable them to build the pyramids

"The Great Pyramid of Giza is one of the Seven Wonders of the Ancient World."

"Many companies have a management pyramid with few top executives and numerous lower-level employees."

"In some societies, wealth and power are concentrated at the top of the social pyramid."

it is reasonable for people to think that aliens might be buried inside the pyramids

to get more clicks

is perfectly designed by someone

they spend time perfectly **tailoring the information**

## tailoring the information

* Meaning:   
  "Tailoring the information" means customizing or adjusting information to better suit a specific audience, purpose, or situation. It involves modifying details, content, or presentation style to make it more relevant, effective, or understandable for a particular group or goal.
* Example:

"Before the presentation, she spent extra time tailoring the information to meet the needs of the diverse audience."

"Successful marketing campaigns involve tailoring the information to resonate with different consumer demographics."

"When writing a resume, it's essential to tailor the information to match the job description and highlight relevant skills and experiences."

every family bought **loads and loads of salt** which **pushed up** the price of salt.... due to **supply and demand.**

## Push up the price

* Meaning:   
  "Push up the price" has a similar meaning to "increase the price." It implies raising the cost or value of something, often due to factors such as demand, limited supply, or other market influences.
* Example:

"The introduction of new tariffs pushed up the price of imported goods."

"The scarcity of raw materials pushed up the price of production."

"High competition among buyers can push up the price of houses in desirable neighborhoods."

it doesn't happen anymore

it exists in other ways/forms

i don't know the exact reason...

## we can't tell what's true or not

* Meaning:

"We can't tell what's true or not" means that it's difficult or impossible to determine what information or statements are factual or accurate and what might be false or misleading.

* Example:

"With so much conflicting information online, sometimes we can't tell what's true or not."

"In a situation where different people are saying different things, it can be challenging to discern what's true or not."

"The news reports were so contradictory that we couldn't tell what was true or not about the incident."

## spend your time doing nothing worthwhile花时间做无意义的事情

* Meaning:

"Spending your time doing nothing worthwhile" implies using your time in an unproductive or unbeneficial manner, without engaging in activities that have value, purpose, or significance.

* Example:

"Watching mindless TV shows all day means spending your time doing nothing worthwhile."

"He regrets spending his vacation doing nothing worthwhile; he wished he had pursued a hobby or learned something new."

"Instead of spending time doing nothing worthwhile, I try to read or exercise to make the most of my free time.

# October 27th, 2023



[submit](https://engoo.com/app/words/word/submit/zga0ELstQmCjlQAAAALEXw" \t "https://engoo.com/app/daily-news/article/14-year-old-develops-cancer-fighting-soap/_blank)

* Meaning:

to give a document to a person or organization to be reviewed, approved, etc.

* Example:

I submitted my resume to several different companies.

"Please submit your report by the end of the week."

"She submitted her application for the job online."

"Students are required to submit their essays before the deadline."

[accessible](https://engoo.com/app/words/word/accessible/-pO6FzgjRQ--OJ1ygfwwVw" \t "https://engoo.com/app/daily-news/article/14-year-old-develops-cancer-fighting-soap/_blank)

* Meaning:

able to be reached, used, etc. Easily

* Example:

Online learning has made higher education more accessible for many adults.

"The new building is designed to be wheelchair accessible."

"The website has been redesigned to **be more accessible for** visually impaired users."

"The park has made efforts to **become more** **accessible to** families with young children."

they bandaged up my hand

the coat costs 15 dollars

a 25,000 dollar prize

and play video games...

even though he's a child he has done something that most adults wouldn't be able to do

~has always been a problem that humans have not been able to solve

## it's a massive breakthrough

* Example:

"The new drug has been deemed a massive breakthrough in cancer treatment."

"Their discovery of a new renewable energy source is considered a massive breakthrough in environmental science."

"The recent technological innovation represents a massive breakthrough in the industry."

many people spend all their money on trying to cure their cancer but it often doesn't work

but the treatment often doesn't work

## side-effects

* Example:

"The medication has some common side-effects such as dizziness and nausea."

"Some people experience side-effects after receiving certain vaccinations."

"Chemotherapy often leads to various side-effects, including fatigue and hair loss."

the cost of treatment

he had developed a cheap way to cure cancer

## mind blowing

* Meaning:  
  "Mind-blowing" is an informal term used to describe something extremely impressive, astonishing, or shocking. It's often used to convey that something is so remarkable or incredible that it has a profound effect on one's thoughts or emotions.
* Example:

"The special effects in that movie were absolutely mind-blowing!"

"I just read this mind-blowing article about recent scientific discoveries."

"The view from the top of the mountain was simply mind-blowing."

it blows my mind

* Meaning:

"It blows my mind" is an informal expression used to convey that something is astonishing, surprising, or unbelievable. It indicates that something is so remarkable or extraordinary that it's hard to comprehend or believe.

* Example:

"The complexity of the human brain just blows my mind."

"The speed of technological advancements these days really blows my mind."

"The beauty of nature in that place just blows my mind every time I visit."

How can I answer this question?

many students got a job straight away after finishing junior high school

* Meaning:

"Straight away" is an informal expression that means immediately or without delay.

* Example:

"As soon as I realized I had forgotten my keys, I went straight away back home to get them."

"Please call me back straight away if you need any further information."

"He answered my question straight away without hesitation."

## he hasn't stuck to just one area...

* Meaning:

"He hasn't stuck to just one area" means that he hasn't limited himself or confined his focus to only one specific field or subject. It implies that he has explored or worked in various areas without restricting himself to a single domain.

* Example:

"Throughout his career, he hasn't stuck to just one area of expertise; instead, he has diversified and gained experience in multiple fields."

"She's a versatile researcher who hasn't stuck to just one area of study but has explored different disciplines within her field."

"In his business ventures, he hasn't stuck to just one area; he's branched out and explored various industries."

as soon as he feels like he has learnt all he needs to know about one thing/sport, he moves on to learn about something else/another sport.

many people who don't get into university just go straight into a job after school and stick with it

i don't know how to explain it

i don't know if i was interested in it

i was interested in science as a teenager but not the science we were taught at school

i think it would be best to not give young people too many science assignments at school as it decreases the amount of time they get to spend...

are there any medications to treat covid?

developments in the treatment of liver disease

liver disease is still a big issue

right now we don't have a way to cure liver disease

all that doctors can do is to try to ease or alleviate the symptoms.

# October 25th, 2023

[engoo.com/app/daily-news/article/good-vibes-only-what-is-toxic-positivity/bNl0\_GhUEe6-eEORPf9hyg](https://engoo.com/app/daily-news/article/good-vibes-only-what-is-toxic-positivity/bNl0_GhUEe6-eEORPf9hyg" \t "https://www.cambly.com/en/student/_blank)



to confront (something)

to face something

I think i might have experienced toxic positivity before...

i made a big mistake and i didn't feel good but...

i continued to feel more and more down after hearing their words

## To belittle something

* Meaning: 意为贬低或轻视某事物，指的是对某物品质、重要性或价值进行贬低、轻视或小觑。
* Example:

"He tends to **belittle her achievements**, which is really discouraging."

"Don't **belittle his efforts**; he worked hard on that project."

"It's not right to **belittle someone's feelings** just because you don't understand them."

## the words have gone in one ear and straight out the other

* Meaning: 这个表达形象地指的是某人听到的话或信息没有停留下来，而是迅速被忘记了，没有被记住或吸收。这个表达通常用于形容某人听到的话或信息没有留下印象或没有产生影响。
* Example:

"I've tried to advise him, but **it seems like** everything I say **goes in one ear and straight out the other.**"

"No matter how many times I remind her, **it's as if** it **goes in one ear and out the other.**"

"His lectures were so boring that everything he said **went in one ear and straight out the other**."

we have to deal with/live with...

i often face negative situations

you are progressing too slowly

I lost motivation

i wasn't getting any positive feedback so i felt stuck

i would go and workout

I would lie down on my bed for a little while

if i think I am not capable of solving a problem...

## am not capable of

* Meaning: 意为“我不具备……的能力”，用于表示自己缺乏做某事所需的能力或技能。
* Example:

"I am not capable of fixing the car myself; I'll need to take it to a mechanic."

"She admitted that she was not capable of handling such a large project on her own."

"I am not capable of speaking fluent French."

## I think that it's a waste of time doing sth

* Meaning: “这是浪费时间”，表示某事情没有价值或意义，会浪费掉时间而没有得到有效的结果或回报。
* Example:

"Studying for that exam seems like a waste of time; I don't think it will be on the test."

"Attending that meeting was a waste of time; nothing important was discussed."

"Some people believe that playing video games is a waste of time, but others find it relaxing."

but just sitting in the same spot doesn"t help me to get anything done

it's typical for employees to work a lot of overtime.

i also think things will go wrong

# October 20th, 2023

i gave a presentation about my research.

For the last two months i have been looking for a job and wasn’t spending that much time on my research. so now i am trying to catch up with it.

[engoo.com/app/daily-news/article/ai-could-make-complex-brain-surgery-safer/zO20WGRwEe6zB8d6j7Ne3A](https://engoo.com/app/daily-news/article/ai-could-make-complex-brain-surgery-safer/zO20WGRwEe6zB8d6j7Ne3A" \t "https://www.cambly.com/en/student/_blank)



with technological developments, AI cannot only be applied to our daily life but also....

AI is more accurate than humans

## **To be on edge / a bit unsettling**

* Meaning: 意味着感到紧张、焦虑或不安，通常是因为某种情况或事件使人感到不安或紧张。
* Example:

Ever since the accident, she has been on edge whenever she hears loud noises.

With the upcoming presentation, he's been on edge all week.

within healthcare and medicine, AI can assist humans who have prosthetics

previously, it might not have been like that...

* Meaning: 意思是“以前可能不是这样的…”，用于表达对过去某种情况或情形的推测或猜测，暗示过去情况可能与当前情况不同。
* Example:

Previously, it might not have been so crowded during this time of the year.

Previously, it might not have been as difficult to find parking in this area

He told us that AI can predict if someone has cancer.

it's difficult to diagnose cancer in the early stages

if we can use AI to detect cancer in the early stages we will be able to save the lives of more people

we can use AI robots to **access** dangerous areas

## access

* Meaning: 指的是获得或使用某物的能力或权力，特别是指获取信息、资源或进入特定区域的能力。
* Example:

You need a password to access the computer system.

The key card allows employees to access the building after hours.

The new software allows users to access a wide range of features.

they can detect what is in the environment

they might be able to detect and warn against natural disasters more quickly,more accurately

for humans to really apply this technology in our daily life

## for the first time

* Meaning: 指意为“第一次”，用于描述某人或某事第一次发生或出现的情况。
* Example:

For the first time in years, they met at the family reunion

She traveled abroad for the first time last summer.

we might have many doubts

we will probably have a lot of doubts

there are many uncertainties

it might cause an accident

## driverless cars

* Example:

In the near future, driverless cars will likely become a common sight on our roads and highways.

if we **weigh up** the pros and cons of driverless cars...

## weigh up

* Meaning: 权衡或权衡利弊，表示仔细考虑和评估不同因素之间的优劣或重要性，以做出决定。
* Example:

Before making a decision, it's important to weigh up all the pros and cons.

She spent some time weighing up her options before choosing the best course of action.

The team is currently weighing up the potential risks and benefits of the new project

we might realise that the amount of accidents would be decreased....

# October 4th, 2023

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*on Monday I came back to uni after being at home and since then I've just been in the lab.*

*I spent time with my family*

*We spent a lot of time chatting/talking as we hadn’t seen each other in a while.*

[engoo.com/app/lessons/describing-pictures-advanced-describing-pictures-at-the-office/gVs5skd\_Eee6wKetVmGBJg?category\_id=P\_HriMOnEeifo0O-yMP42w&course\_id=7RlTvMOpEeiOnjPi1doOwg](https://engoo.com/app/lessons/describing-pictures-advanced-describing-pictures-at-the-office/gVs5skd_Eee6wKetVmGBJg?category_id=P_HriMOnEeifo0O-yMP42w&course_id=7RlTvMOpEeiOnjPi1doOwg" \t "https://www.cambly.com/en/student/_blank)



the woman is sharing her opinions with the rest of the team

to what she is saying

it seems like they have reached an agreement after having a discussion

Everyone has a smile on their face.

A group of colleagues are having a meeting at work.

they have been going over some points that they needed to discuss

## Go over

* Meaning: 意指审阅、检查、复习或讨论某事物的细节或内容。这个短语通常指花时间仔细研究、了解或回顾某事。
* Example:

Let's go over the details of the project one more time before the meeting.

*"I need to go over my notes before the exam tomorrow.*



Negotiating

The two companies came to a good deal

And so the two negotiating parties shook hands.

## came to a good deal

* Meaning: 意指是达成了一笔不错的交易或协议，双方对交易都感到满意。
* Example:

After negotiation, they came to a good deal on the house.

*The two companies finally came to a good deal that benefited both parties*

*They are both satisfied with the results.*

*in order to* ***be respectful towards*** *each other, they are all wearing suits and most of them are wearing ties/ and the men are all wearing ties*

*they are all business people /business men and women*

*they are all wearing smart, business attire*

*formal attire/ smart attire*

* Meaning: 指的是正式的服装，适合于正式场合或商务场合。这些衣着搭配通常包括西装、正装裤、衬衫、领带等，对于男性可能还包括皮鞋。对女性来说，也可以包括正式的套装、裙子或裤装搭配高跟鞋等。
* Example:

*Please wear formal attire to the dinner party.*

*The office requires employees to dress in smart attire for client meetings.*



*We went to a presentation of the new product that is frequently being advertised on TV at the moment.*

# September 29th, 2023

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*I live in the south of China?*

*I am doing my master’s.（更接近口语，交谈中更加常见）*

*Quadruped Robots will be able to explore dangerous places that are unsafe for humans.*

*Quadruped Robots could be used to assist firefighters in saving people.*

*Quadruped Robots could be used within the electricity industry/ used by electricity firms...*

*if a robot can check out the damage then a person doesn't need to risk their life doing it.*

## Risk someone’s life doing

* Example:She risked her life sasving the child from the fire.她冒着声明危险从火灾中救出了孩子

The electricity voltage is high.

One and a half years

**in the beginning** i just wanted to research bipedal robots...

the research is challenging

in the beginning i struggled with it...

## struggle with

* Meaning: 表示在某方面或某事上遇到困难或挣扎。这个短语通常用于描述面对困难或挑战时的状态或经历。
* Example:She struggles with her studies sometimes.她有时在学习上会有困难。

**at the start** I wasn't making any progress

i doubted myself a lot

i started using simulations

even though it's **slightly** unstable

cooperate on one task

* Example：Cooperate on one task, they managed to successfully merge their expertise and insights, achieving remarkable results in a project that required collective effort.

On their back/behind theri neck

I will graduate next July

Right now/at the moment all the students are trying to get a job.

Every year at this time there is a big job fair held...

If you find a job then you can just focus on your thesis...

I have been looking for a job for the past two months.

I have applied to 136 jobs...我已经申请了136个工作职位

## Apply to

* Meaning: 意为“申请”，通常用于指申请参加学校、工作或其他组织。
* Example:

She applied to several universities for her graduate studies.

He decided to apply to that company for a job.

I have had about 20 interviews

Two weeks ago

i thought the job offer was strange/ a bit weird

i felt that the interview was too short

this company just asked me some simple/basic questions

it didn't seem professional

they offered me a job

I found that the company had a high turnover

## a high turnover

* Meaning: 意指高人员流动率，通常指的是公司或组织员工频繁离职或更替的情况。这可能是由于工作环境、管理问题、员工满意度或其他因素引起的。
* Example: Due to poor management and low job satisfaction, the company experienced a high turnover, with employees frequently leaving for better opportunities elsewhere.

I don’t have any other options for now...

So i need to take it...

## Back in the day/decades ago

* Meaning:

"Back in the day" 指的是过去某个特定时期，通常用于描述某事物在过去的某个时代、年代或阶段。这个短语常用于口语，表示对过去时光的回忆或比较。

"Decades ago" 则是指数十年前的时间，表示更为具体的时间跨度，强调了数十年的时间已经过去。

* Example:

"Back in the day, we used to walk to school together every morning."

"Decades ago, technology was nowhere near as advanced as it is today."